# FROM THE UCR WELLNESS PROGRAM (THE WELL)

# UCR Healthy Campus Inaugural Celebration Thursday, October 11 from 11 am – 1 pm Bell Tower/Upper Plaza This event is open to UCR students, staff, and faculty

University of California Healthy Campus Network (HCN) is a network of coalitions across all 10 campuses working together to promote individual campus and systemwide changes to advance a culture of health and wellbeing across the University of California. The goal is "to make UC the healthiest place to work, learn and live." UCR's Healthy Campus has formed partnerships with staff, faculty, students, and the surrounding community to develop, implement, and institutionalize policies and environments essential for sustainable behavior change.

### Join us to celebrate UCR Healthy Campus:

- Over 40 booths and games showcasing Healthy Campus
- Food, music, photo area, giveaways
- Health Screenings/Flu Shots
- Complete an event passport to earn a Healthy Campus T-shirt or workout towel

## The Celebration includes the following guest speakers:

11:20 – 11:30 am	Rusty Bailey Mayor of Riverside
11:30 – 11:35 am	Tamica Smith Jones
	Director of Athletics
11:35 – 11:40 am	Dylan Rodriguez
	Chair, Academic Senate and
	Professor of Media and Cultural Studies
11:40 – 11:45 am	Ross French / Crystal Petrini Staff Assembly Leadership
11:45 – 11:50 am	Julie Chobdee Wellness Program Coordinator
	Ann Cheney Assistant Professor, Social Medicine, Population and Public Health, Center for Healthy Communities, SOM

#### Please post and share the flyer.

For more information, contact Julie Chobdee, MPH, Wellness Program Coordinator and UCR Healthy Campus co-chair by email at <a href="mailto:julie.chobdee@ucr.edu">julie.chobdee@ucr.edu</a>.